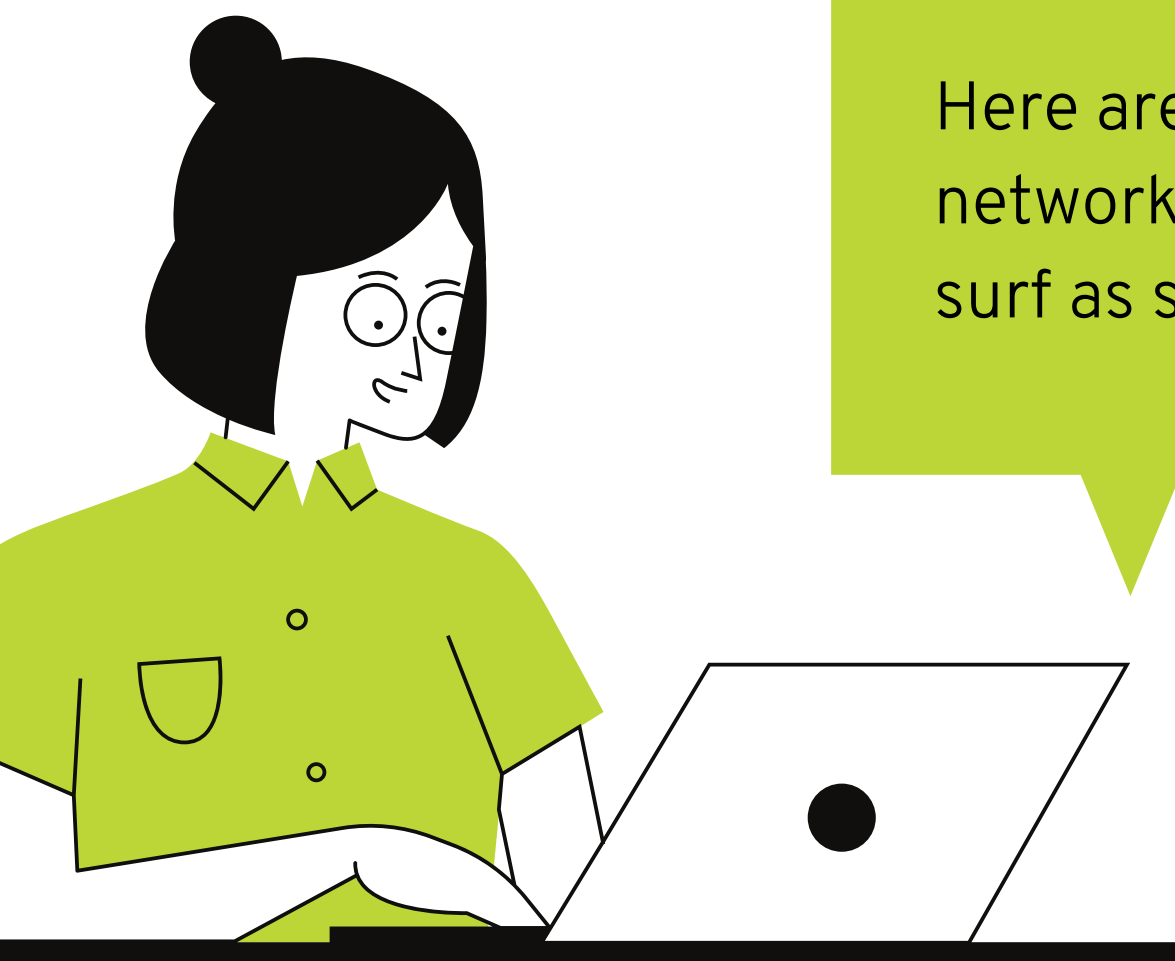


SAFE USE OF MEDIA: SOCIAL MEDIA



90% of young people are online every day!

Here are some tips on how to use the most popular social networks among young people today, so that you can surf as safely as possible :)

Instagram:

= App for sharing photos, videos & reels (short videos)

- Set your profile to private instead of public
- Block unwanted users so they can no longer send you direct messages
- Prevent strangers from adding you to groups



Snapchat:

= Messenger for sending photos & short videos (snaps) that disappear after a few seconds



- Don't accept anyone as a "friend" you don't actually know
- Enable ghost mode so you are invisible on the snap map
- Snaps sent to the wrong person can be deleted shortly after they have been sent

Youtube:

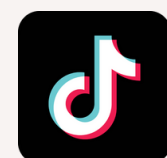
= Video portal to watch, share & upload videos

- Make a video public or private
- Use Creative Commons licenses for music in your videos
- Deactivate the comment function to avoid stupid comments



TikTok:

= App for recording & sharing short videos



- Set your videos to not be downloadable
- Report inappropriate content or accounts
- Music & film excerpts are protected by copyright. Be careful when using them!

